

What is the best way to remove the patch?

Because the adhesive is very aggressive, we do not recommend pulling the patch off your skin quickly, as this could irritate the skin.

Some suggestions for removal are:

- Let the patch fall off in the shower or bath.
- Wet the patch with a damp cloth and remove it slowly.
- Rub the patch briskly with your hand to warm the adhesive and then peel it off slowly.

*Natural Patches of Vermont's
Essential Oil Body Patches inspire you
to embrace wellness, breathe deep,
and awaken your "scentual" being.*



NATURAL PATCHES
OF VERMONT

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*DISCLAIMER: THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



NATURAL PATCHES
OF VERMONT

CUSTOMER FAQ

What are essential oils and what are their benefits?

Essential Oils are the "blood" of the plant, functioning as the plant's immune defense system. They provide the plant with its aromatic essence and are thought to give the plant its "life force". Protecting the plant from disease and assisting the plant in its adaptation to the environment, essential oils are inherently anti-fungal, anti-bacterial, anti-parasitic, anti microbial, anti-viral and antiseptic. Essential oils are the most potent and concentrated extracts of seeds, fruits, wood, roots, leaves, flowers, and resins. Essential oils, which maintain a high bio-electrical frequency, can help to restore wellness and balance, when applied to the human body.

Will the patches irritate my skin?

Every individual responds differently to anything applied to the skin. All of the oils used in our patches are listed on the product packaging and we ask that you review this information before using the patches, especially if you know that you have sensitivity or allergies to a specific plant or oil. If you are unsure, do a "patch test" before applying the patch.

To perform a patch test: Cut a small piece of the patch and apply it to your skin. Wear this test patch for 24 hours and monitor the patch site for any signs of irritation or discomfort. Remove the patch immediately, should you experience either.

Note: When using the patches on a regular basis, we recommend that you adjust the placement on the patch daily, so that your skin can breathe.

Where should I place the patch?

The majority of our patches should be placed on the upper broad part of the shoulder or chest. Close enough to your face to experience the full aromatic benefits, but discreet enough so that others will not know you are wearing it... unless you want them to. That being said, some of the patches are most effective when placed at the site of the concern for which they have been formulated. (See packaging for specific placement recommendations.)

How long can I wear a patch?

The patches are effective for up to 24 hours. It should however be noted that the adhesive will not retain its adhesive properties if it encounters moisture of any kind. In addition, should you experience any irritation from the patch, you should remove it immediately.

Can I wear more than one patch at a time?

Yes. We do however suggest that you do not wear patches that negate each other. For instance, wearing a Lavender (Sleep) Patch and Citrus (Energy) Patch at the same time would be counter-productive. On the other hand the Bergamot (Stress) and Rose Geranium (PMS & Menopause) patches worn at the same time could prove highly beneficial.

Are the patches reusable?

No. The patches are designed for a single use. For hygienic reasons we strongly recommend that you do not reuse or share used patches.

Do I have to use a whole patch?

No. Some people are more sensitive than others and can reap the benefits while using only half of a patch. Trust your body, it will tell you what it needs...If you listen!

How do the patches work?

NATURAL PATCHES OF VERMONT™

Body Patches incorporate the age old practice of Aromatherapy and the topical benefits of essential oils to help restore balance and wellness. The practice of Aromatherapy utilizes various aromas to affect the body's response to internal and external influences.

Inhalation of essential oils evokes an immediate olfactory response. As we breathe in, warm moist air carries tiny molecules of the essential oils through the nasal passages stimulating olfactory cells, which send impulses to the olfactory nerve and in turn to the limbic portion of the brain. The limbic portion of the brain is responsible for our sense of smell, but also controls hunger, moods, memories and emotions.

Since ancient times Essential Oils and Aromatherapy have been used to enhance well-being and promote balance of the physical and emotional self, by the controlled introduction of specific scents to the body and its surroundings.

The use of Essential Oils and Aromatherapy may bring about a positive reaction to many common complaints including, but not limited to; Aches and Pains, Lack of Energy, Stress, Sleeplessness, Nasal Congestion...etc. and is a wonderful holistic approach to balancing the mind, body and spirit on many levels.

What are the patches made of?

The patches are made of a cloth layer that is coated with an adhesive, which is bio-compatible (skin friendly) and formulated from medical and food grade ingredients. The adhesive layer is infused with a combination of essential oils and extra virgin olive oil. Our patches are both LATEX and PRESERVATIVE FREE. They contain no animal products and are not tested on animals.

How do I apply the Patch?

Patches should be placed on clean, dry skin. (The placement of each patch depends on the variety being used. Please refer to the instructions on the packaging.)

Step 1: Wash and dry the area where the patch will be applied to remove any excess oils or lotions that could prevent the patch from adhering properly. (The area where the patch is being applied should be relatively hairless to facilitate better adhesion and lessen discomfort upon removal.) Do not apply any patch to burned, broken or severely irritated skin.

Step 2: Remove the patch from its protective packaging only when you are ready to apply it. (Once removed from its packaging and exposed to the air, the essential oils will begin to dissipate.)

Step 3: Remove the protective liner from the patch, trying to avoid touching the adhesive. Discard the liner so that it is out of reach of children or pets. Recycle if possible in your area.

Step 4: Apply the patch to the prepared patch site. Press the patch firmly into place with the heel of your hand for at least 10 - 15 seconds. Make sure that it sticks well, especially around the edges.

Wear the patch for up to 24 hours.

After 24 hours remove the patch, fold it in half with the adhesive side in and dispose of it out of reach of children and pets.

